

Super Natural Market & Deli

860-582-1663

www.supernaturalmarket.com

Luncheon menu Wednesday, February 8

Cream of chicken soup -----	3.00\cup -----	3.75\ Bowl
Italian Wedding soup -----	3.00\cup -----	3.75\ Bowl
Oven roasted potatoes-----		3.99\lb
Roasted red potatoes with bacon & cheese-----		4.99\lb
Seasoned baked chicken -----	4.50\lb-legs -----	4.95\lb-breasts
Apricot chicken-----	4.50\lb-legs -----	4.95\lb-breasts
Macaroni & cheese-----		4.50\lb
Rice-----		3.99\lb
Mixed vegetables -----		4.99\lb
Roasted red beets -----		4.99\lb
Broccoli Italiano-----		4.99\lb
Brussel sprouts with mushrooms -----		5.99\lb
Grilled salmon-----		12.95\lb
Baked Catfish Mediterranean -----		11.95\lb
Roast beef with gravy -----		7.99\lb
Chicken Saltimbocca-----		8.99\lb
Cavatelli's with broccoli, sausage, & Garlic oil -----		5.99\lb

FunFriday this week February 16th will be
Asian Friday

- What's New!! - Fresh Juice at The Super Natural -

This Week Jumpin' Green Juice (Kale, Cucumber, Apple, Parsley, Ginger, & Lemon) - \$3.95-16 oz. cup

Super Natural Salads Available Today -

Steak Salad - 7.50

Chicken Caesar Salad - 6.99

Today's Specials - NO SUBSTITUTIONS -Please! -Order by #

1) Grilled sandwich special - Pastrami Reuben with Thousand Island dressing, sauerkraut, & Swiss cheese - served with chips
5.99

2) Panini sandwich special – Boar's Head Cracked Peppermill Turkey Breast, mayonnaise, tomato, avocado, bacon, & Pepper\Jack cheese, on Ciabatta - served with chips
5.99

3) Hot sandwich special - Super Natural 5 ounce steamed barbecue cheeseburger with lettuce, tomatoes, onions, pickles, & bacon - served with oven roasted potatoes
5.99

4) Panini sandwich special - Italian combo, roasted red peppers, onion, oil and vinegar, & Provolone cheese, on flatbread - served with chips
5.99

Let us bring our food to you! Free Delivery! — Call our menu line for daily specials (583-4106)
Avoid the wait - Call to order (582-1663) ————— * \$15.00 minimum order - no discounts - *

Super Natural, Incorporated - 430 North Main Street - Bristol, Ct. 06010

Thanksgiving Kitchen Menu-2011

Soups

Butternut Bisque.....	7.00\quart
Pumpkin Soup.....	7.00\quart

Main Course

Roasted Turkey with stuffing (serves 6-8).....	35.00
Boneless Turkey Breast with stuffing (serves 6-8).....	45.00

Vegetables and Sides 9 x 13 pan \ serves 10-12

Green beans Almondine.....	19.95
Broccoli & red peppers.....	19.95
Mashed sweet potatoes.....	25.00
Roasted butternut squash.....	22.50
Brussel sprouts with lemon & dill.....	22.00
Parsley red potatoes.....	19.95
Scalloped potatoes.....	19.95
Mashed potatoes.....	19.95
Rice pilaf.....	19.95
Collard Greens.....	19.95
Broccoli rabe.....	7.00\quart

Salads

Mixed greens with dried cranberries & pecans.....	17.50
Garden salad.....	15.00

Stuffings 9 x 13 pan \ serves 10-12

Traditional herb stuffing.....	19.95
Cornbread & sausage.....	22.50

Condiments

Turkey gravy.....	7.00\quart
Fresh cranberry & dried cherry sauce.....	6.50\pint
Fresh cranberry\orange relish.....	5.99\pint

Lasagna 9 x 13 pan \ serves 12

Meat or Vegetable.....	27.50
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Please place your order by Saturday November, 19th to avoid being disappointed.

All orders must be picked up between 12-6 p.m. on Wednesday, November, 23rd. We will be closed on Thursday November, 24th and will re-open Friday November, 25th.

Thanksgiving Bakery Menu-2011

Pies - Apple Double Crust, Chocolate Cream, Banana Cream,
Crumb Topped Apple, Coconut Cream, Chocolate Peanut Butter,
Pear Caramel, Pecan, Pumpkin, Sweet Potato, & Mocha Butter Crunch
.....9 inch - 11.95\each

Cheesecakes - _New York (plain, fruit, or turtle), Sweet Potato,
Pumpkin, & Baileys Irish Cream.....9 inch - serves 14 - 32.50\each

Cookie Trays - serves 12-15 - 32.50\small
serves 22-25 - 42.50\large

Cakes - Carrot,9 inch - 27.50,1/2 sheet - 32.50
Tres Leches,9 x 13 - 25.00,large - 47.50
Yellow Fresh Fruitsmall-35.00.....medium-47.50

Apple Crisp.....9 x 13 - 22.50

Cranberry Bread Pudding.....9 x 13 - 22.50

Pumpkin Bread Pudding.....9 x 13 - 22.50

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